



# Interventions Hub



Gweithio dros Gaerdydd, gweithio gyda'n gilydd  
Working for Cardiff, working together



# Overview

Currently within Children's Services there are a number of intervention support services which assist families in their parenting by providing targeted support to reduce risk in order for families to remain together.

These interventions also intend to ensure that parents are confident in managing the safety and needs of their children.

Considering the increase in children looked after population and the nationwide trend of increasing complexity the current interventions need to be reviewed to ensure they remain fit for purpose.

**The proposal is to realign the 'intervention support' elements that exist within the service into one cohesive 'Interventions Hub' Team.**



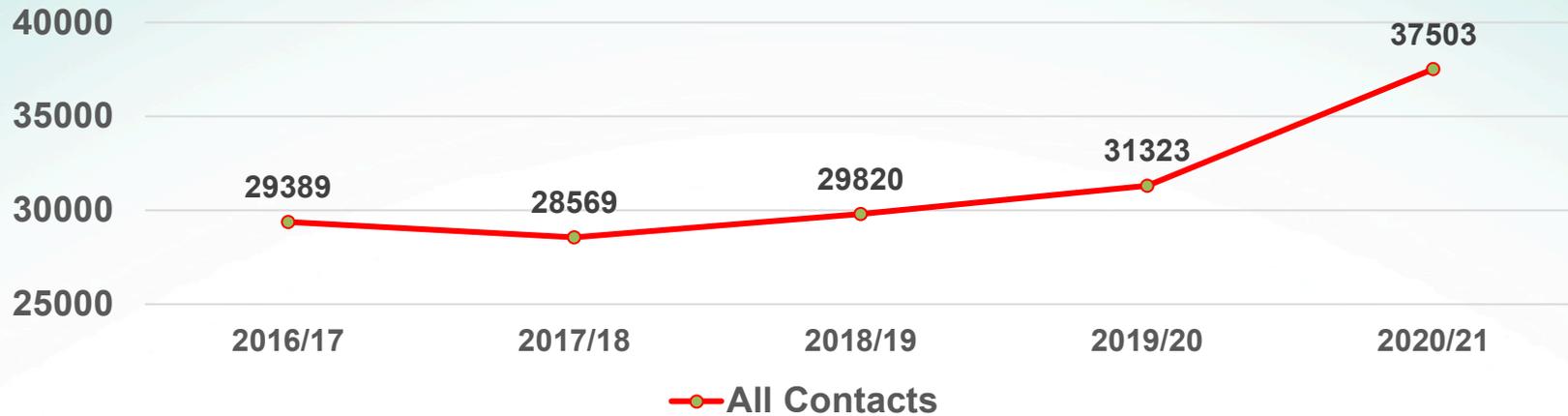
# Demand for Services - Overview

Contacts	Referrals	Well-being assessments	Strategy discussions	Section 47 enquiries	Initial child protection conferences	Added to Child Protection Register	Started to be looked after
							
<b>37,503</b>	<b>4,690</b>	<b>2,651</b>	<b>4,007</b>	<b>2,798</b>	<b>730</b>	<b>705</b>	<b>279</b>
↑	↑	↑	↑	↑	↑	↑	↑
31,323 (2019/20)	2,373 (2019/20)	2,218 (2019/20)	3,293 (2019/20)	2,645 (2019/20)	462 (2019/20)	419 (2019/20)	255 (2019/20)



# Increasing Contacts

Significant rise in demand into Children's Services

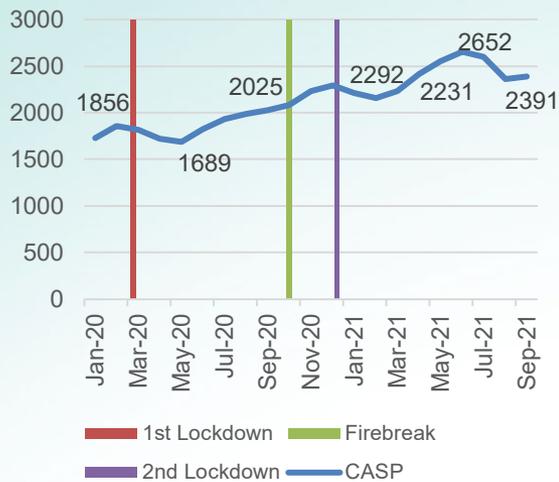


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# Increasing Caseloads

### Children Receiving Care and Support



The number of children with a care and support plan rose from 1,856 to 2,652, an increase of 796 or 42.9% before decreasing to 2,391 (provisional data).

### Children on the CPR



The number of children on the Child Protection Register increased from 231 to 459 at 31<sup>st</sup> March 2021 – an increase of 98.7%, the number has since decreased to 359 (provisional data).

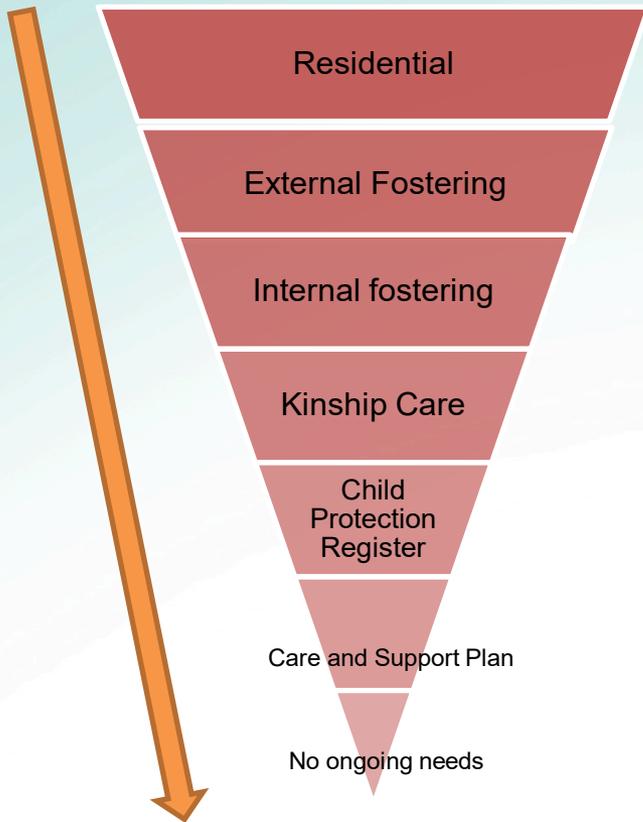
### Children Looked After



Children looked after numbers initially fell by 23 to 927 but then rose to 976, an increase of 3%, it has since then increased further to 982, before decreasing back to 977 (provisional data).



# Shifting the Balance of Care – Financial Impact



	Placement Costs	Caseload Staffing indication	Annual Total Per Child
Residential	£4,000 p/w £208,000 annually	G8 Officer 20 caseload £3,500	£211,500
External Fostering	£800 p/w £41,600 annually	G8 Officer 20 caseload £3,500	£45,100
Internal fostering	£400 p/w £20,800 annually	G8 Officer 20 caseload £3,500	£24,300
Kinship Care	£200 p/w £10,400 annually	G8 Officer 20 caseload £3,500	£13,900
Child Protection Register	/	G8 Officer 15 caseload £4,666	£4,666
Care and Support Plan	/	G5 officer 20 caseload £1,500	£1,500
No ongoing needs	/		£0



# Strategic Context

- The Interventions Hub clearly aligns to the Children’s Services strategy in particular to the development of edge of care services and the implementation of a ‘no wrong door approach’.
- Aligns with the Social Services and Wellbeing (Wales) Act and the preventative approach ensuring that families receive ‘the right help at the right time’.
- The proposed intervention hub has a clear interface with the wider Early Help arrangements across the authority.
- A spend to save initiative aiming to intervene early and reduce the length of involvement with children and families – medium and long term cost avoidance.



# Strategic Context

- Aligns with the President of Family Courts guidance that families should be given the earliest opportunity to benefit from the support and intervention that is put in place.
- Reunification programme which will identify any young people who are able to return to their parents care with robust risk assessments, monitoring and care planning
- It addresses the issue of developing robust risk assessments in respect of domestic abuse cases recommended by the inspectors



# Interventions Hub

## Purpose & Objectives

Bring together all disparate support staff into an interventions hub with a clear remit of supporting children to remain at home when in their best interests

- Continued preventative working CASP cases intensively to step down
- Prevent accommodation of CLA and CP
- Can be accessed by all CS teams
- One point of entry to all interventions
- Review of previous interventions which will prevent duplication of work
- Provide Social Work teams with a skilled, multi tooled, in house intervention work force.
- Will have clear structures to decrease/increase intensity within the Hub

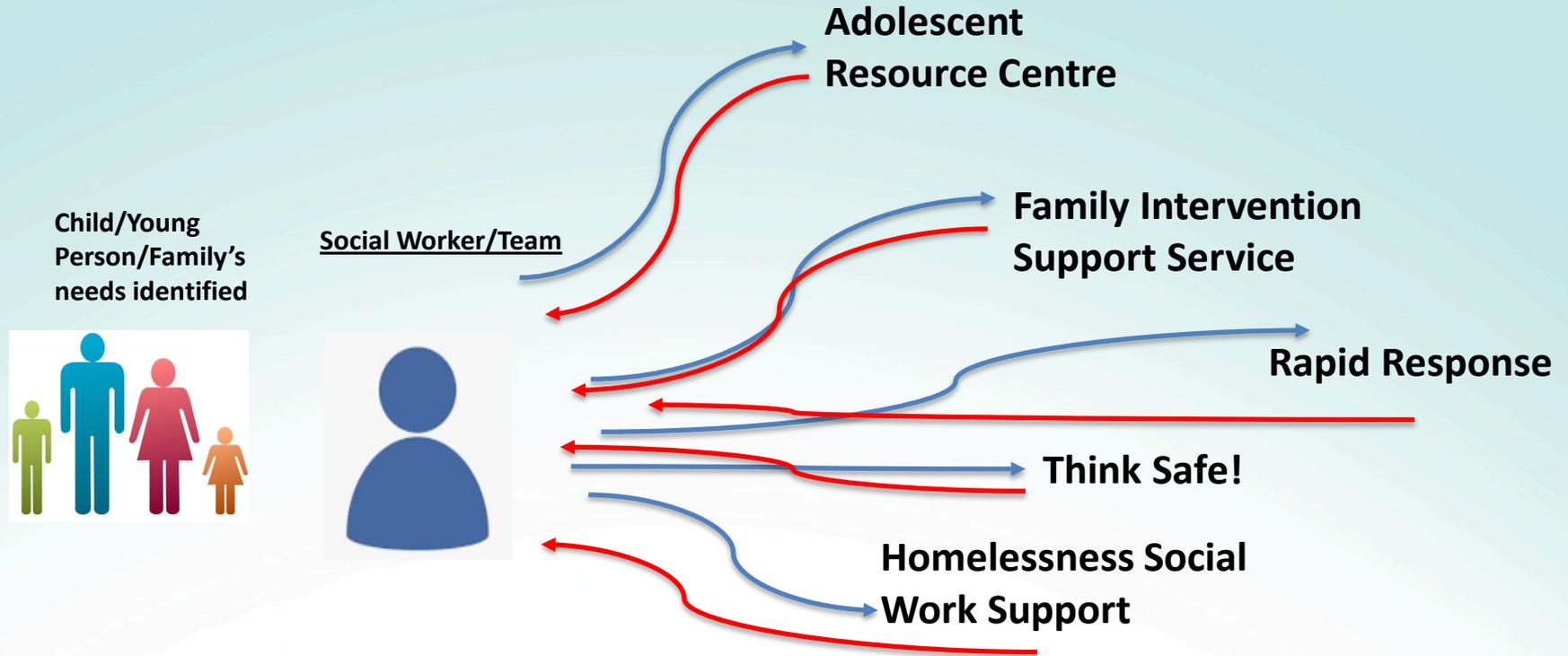


## Purpose & Objectives

- Will assist in understanding any gaps in services and identify commissioning opportunities via the Resource Panel
- Outcomes framework and tools to measure distance travelled effectively.
- Consistent models of working / evidence based approaches.
- Creative practice that will meet the family's needs.
- Suitably trained workforce that meets the changing needs of children and young people in Cardiff.
- Will have clear interface with EH



# Current Model for CS Interventions



- Social Worker supporting the family is left to navigate the vast array of potential support with potential delays from referring to the wrong service, families to miss out on essential support in a timely way. All referrals are made separately to all services
- No single view of the services and demands for these services to ensure that the intensity is increased/decreased based on presenting needs.



# Current Family Intervention Services

- **Family Intervention Support Service (workers based within each locality)** – The purpose of FISS is to prevent family breakdown and reduce risk of significant harm. The Family Support Service offer interventions on Care and Support, Child Protection and PLO cases. These are focused long term interventions to children at a higher level of risk of harm from their parents/guardians.
- **Rapid Response** – provide an immediate response to families who were presenting in crises preventing accommodation or where there is a high risk of harm to the child/children.
- **Think Safe!** - The purpose of this team is to educate young people and families about the signs of exploitation and how to keep safe. They support young people who are at risk of or/and who are being exploited, this could include sexual and criminal exploitation.
- **On Call FISS** – (workers embedded into localities and on a rota) The purpose of this service is to offer support out of hours to the Emergency Duty Team (EDT) and daytime services. The work which is identified by EDT is prioritised, however the family support workers are often able to meet the requests from daytime services.
- **Southwark Judgement** - A grade 8 social worker is allocated young people 16 and 17 are presenting as homeless. The purpose is to assess whether these young people are homeless identify suitable accommodation and consider their care and support needs.



# Current Family Intervention Services

- **Adolescent Resource Centre** – Provides intensive therapeutic support to young people and their families at risk of being looked after who present such a challenge that they would otherwise be placed in external agency placements; as follows;

Therapies	Activities	Parent Counselling	Clinical Psychologist	Respite
Music Therapy	Boxing	This is a recent service offered to parents 10 weeks	Purpose is to offer support/case formulation to staff on complex risks	6 beds for 6-12 weeks 2/3 nights a week
Equine Therapy	Skate Boarding			
Art Therapy				
Family Therapy				
Safe Family sessions				

Young people are offered 8-10 therapy sessions each



# Current Caseloads

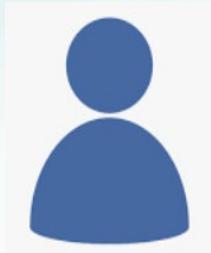
Team	Caseload	Number of Staff	Length of intervention
ARC	71	16	6-12 months
FISS	184	18	Max 6 months
Rapid Response	19	7	Max 2-3 months
Think Safe	27	5	1-6 months
Southwark Judgement role	6	1 Grade 8 social worker	4-6 weeks



# Future Model Interventions Hub

Child/Young Person/Family's needs identified

Social Worker/Team



## Interventions Hub

Adolescent Resource Centre

Family Intervention Support Service

Rapid Response

Think Safe!

Homelessness Social Work Support

DV Specialist Social Worker

Successful Outcomes



- Social Worker supporting the family makes one referral based on the families needs
- The appropriate support is identified and the team work with the family at a time when it is most need
- The families outcomes are measured and distance travelled
- One view of intervention, understanding what works and quickly identifying what services we may potentially need to grow



# Training

A Training Audit of existing staff will be completed by the workforce development team in Early Help. The training audit will inform a training matrix that will define which training is required for all staff within the hub.

Training will include:

- Strength based work
- Parenting skills across the age groups from early year – triple p
- SoS training – from the outset of their employment
- Mediation skills
- ACEs

- Workers will need to be confident in the common themes / issues that they will come into contact with including and will know how to access the most appropriate available support for the family.
- Issues could include but are not limited FGM, CSE / CE, contextual safeguarding and all forms of abuse – neglect / sexual/ physical / emotional / financial abuse, young people and mental health, domestic abuse, substance misuse and parental mental health. With signposting in relation to issues such as to housing, benefits, universal credit.

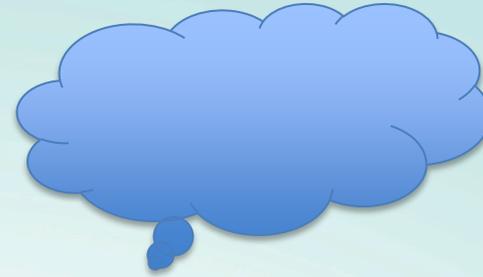


# Outcomes Framework

Interventions will be outcome focused, targeted and SMART in order to avoid drift, reduce risks and prevention of accommodation. Through our performance measures we will measure the 'how many' the 'how well' and whether anyone is 'better off' in order to achieve the below outcomes.

Cardiff Interventions Hub - Making positive <b>CHANGES</b> in young people and their families.	
<b>C</b>	<b>Confident and resilient</b> children, young people and families who have high self-esteem, feel good about themselves and an ability to bounce back from difficult episodes in their lives.
<b>H</b>	<b>Healthy</b> - children, young people and families who have good mental, emotional and social wellbeing, who manage their own health and make informed decisions about how to be safe.
<b>A</b>	<b>A functioning family</b> and positive family relationships, ensuring family strengths are utilised.
<b>N</b>	<b>Network of community support</b> children, young people and families feel valued members of their communities and are confident in accessing the support available.
<b>G</b>	<b>Goals</b> - children, young people and families have a positive outlook about their future and are motivated / informed how to set and achieve their goals.
<b>E</b>	<b>Empowered</b> - children, young people and families feel their voice matters and are able to make informed positive decisions about things that effect their lives.
<b>S</b>	<b>Safe</b> – children and young people are free from harm and its effects.





**Any Questions ?**

